# Rosov <br> , <br> Information <br> Insight <br> Impact 

## OneTable Outcomes Survey: Early Findings

September 2016


## Background and History of OneTable

OneTable was founded in 2014 with financial and strategic support from the Steinhardt Foundation for Jewish Life and The Paul E. Singer Foundation. Aliza Kline, founding director, launched a design cycle to identify strategies for more millennials to engage each other through Shabbat dinner. Through research and prototyping, OneTable learned about what motivates hosts and guests, what millennials find meaningful and valuable on Friday nights, what resources they seek, and what barriers keep them from hosting each other. Hosts express more concern about the mechanics of planning and serving a dinner than about performing Jewish rituals in front of peers. Guests struggle with overcoming "FOMO," or fear of missing out, as they weigh other social options. As the number of hosted meals grows, OneTable continuously seeks ways to lower barriers and make Shabbat dinner participation more appealing and achievable for young Jewish adults.

## OneTable's Program

OneTable empowers Jewish young adults in their 20s and 30s to build microcommunities by creating their own authentic Shabbat dinners, with the ultimate goal of forming a lifelong Shabbat practice.

OneTable identifies and serves both "seekers" in their early 20s who are eager to try different things and meet new people on Friday night and "nesters" in their late 20s and early 30s who are more likely to spend the evening with a smaller group. OneTable's sweet spot is 25 - to 32 -year-olds who are old enough to own a table and are inclined to deepen relationships.

OneTable is currently in a growth stage. Since launching, OneTable has supported 2,770 dinners with over 40,296 seats at the table nationwide. OneTable currently averages 1,000 seats at the Shabbat dinner table every week.

OneTable is supported by dedicated local staff in New York, Chicago, San Francisco, and Denver, in addition to staff who facilitate a national program of dinners across the country. As it has grown, it has invested in critical infrastructure including the design and implementation of a new proprietary social dining platform (dinners.onetable.org).

## How OneTable Works

To capture the diverse interests and needs of young people seeking to end their week with intention, OneTable developed three dinner strategies: Intimate Home-Based "Staying In" Dinners, "Hybrid" Community Dinners, and "Going Out" Event Partnerships.

Staying In — Dinners for 5 to 15 people, most often held in homes (or rooftops, parks, summer houses, or other intimate settings). All dinners are posted on OneTable's custom social dining platform, which enables hosts to describe the event in terms that their guests will appreciate. Guests get a clear idea of what to expect, who else will attend, and can easily register online.

Since the launch of OneTable's platform featuring event registration functionality, the site has transitioned from an invitation tool to a dynamic event hub publicizing events open to the community. Dinners on the platform can be completely private, open to the public, or semi-private, a setting where hosts can open a few seats for new faces and accept or reject guests who sign up online.

Hybrid - Community Dinners allow groups to host their events in a community setting (e.g. The JCC in Manhattan opened its rooftop and invited 15 groups of 12 to reserve tables for Shabbat dinners). While the dinners all take place at the same location, the intimacy is preserved by each table having its own host and following their own way of celebrating Shabbat independent of the other tables.

Going Out - Event Partnerships are hosted by entrepreneurs, artists, and event planners who create special dinner experiences, often held in restaurants or other private dining venues for $25-60$ people. Guests purchase tickets with additional subsidies coming from OneTable. The theory behind this approach is twofold: first, these larger public events may produce less anxiety than an in-home event for some potential guests who are less familiar with Jewish customs. Second, these dinners break down the stereotypes of what Shabbat dinner must look like.

## Host Support

OneTable offers a variety of comprehensive services to specifically support hosts of Staying In dinners, which comprise 95 percent of events posted on the OneTable platform and 75 percent of seats at the table.

Nourishment Credit: Developed in response to barriers to hosting such as lack of time, cooking skills, and financial support, nourishment provides hosts with credits to alleviate some of the stress of hosting. Hosts apply credit to online vendors including grocery delivery through Instacart, prepared food delivery from Seamless, and even Judaica or décor from businesses like Etsy, among others.

Help Desk / Shabbat Hotline: OneTable's Community Specialist provides logistical support, including guidance on planning, cooking, and inviting. The specialist also connects hosts with nourishment options, offering advice on how to make the most of these tools.

One-on-One Shabbat Coaching: The goal of coaching is to elevate hosts' thought process about their Shabbat dinner. Coaches build one-on-one relationships with hosts to help them expand their skills while working together to design a personally meaningful set of Shabbat rituals for hosts and their guests.
Hospitality \& Jewish Education Workshops: OneTable regional staff host monthly programs, called "Nosh:pitality." Originally designed for hosts, these programs are now open to everyone on the OneTable list, for skills that will enhance hosting confidence in areas such as cooking, challah baking, cocktail making, and ritual facilitation. The gatherings also integrate Jewish learning on topics such as the role of wine in Jewish ritual or a unique take on the challah blessing.

Communications: With the goals of recruiting new hosts, triggering repeat Shabbat dinner participation, and conversion from being a guest to being a host, OneTable has an active online presence on Facebook, Instagram, Twitter, Snapchat, and Pinterest, as well as targeted, regionally specific e-newsletters called, "The Side Dish." OneTable tracks all its participants, regularly stays in touch with them, and gradually builds up a profile of their interests, habits, and engagements with OneTable.

## Development of a OneTable Logic Model

In June 2015, Rosov Consulting began its work as an external evaluator to support the ongoing development of OneTable, as well as assess early outcomes for its participants. During the summer of 2015, we worked closely with OneTable to refine its logic model, a document that clarifies the ways in which resources are allocated to support strategic activities that are, in turn, designed to yield short-, mid-, and long-term outcomes for OneTable guests and hosts. This is a living document which has been refined several times to capture real-time learning.

## Deployment of the First OneTable Outcomes Survey

This report outlines findings from the first OneTable Outcomes Survey deployed in late June 2016 via email to just under 10,000 users in the OneTable database with an $11 \%$ response rate (similar to that of public opinion surveys today). When compared to what is known about OneTable participants from the overall database, survey respondents were largely representative of the guests and hosts at the time the survey was fielded. Following this survey, Rosov Consulting will be working with OneTable to intentionally select guests and hosts to interview so as to better understand some of the emergent patterns reflected in these findings. The survey will then be updated and fielded once again in early 2017.

## Key Findings

## OneTable is changing Millennials' experience of Friday night and the end of the week

$\checkmark$ Two-thirds of OneTable guests report that because of their OneTable experience, it is important to them that Friday night feels different than the rest of the week.
, Almost half of all OneTable guests including the least engaged - indicate that as a result of their OneTable experience, they are more likely to find ways to pause and relax at the end of a week.

## OneTable is generating positivity for Shabbat dinners

$\checkmark$ Almost half of all OneTable guests including the least engaged -indicate that as a result of their OneTable experience, they are more comfortable at a Shabbat dinner.*
$\checkmark$ Guests enjoy their OneTable dinners, describing them as "friendly" (43\%) and "fun" (40\%).
$\checkmark$ Almost half of all guests credit OneTable with their interest in making Shabbat dinner a regular part of their lives.
*An almost equal percentage of guests were neutral on this topic.

OneTable is expanding Jewish connections
$\checkmark$ A majority (57\%) of guests tell their friends about OneTable after their first dinner experience.
$\checkmark 84 \%$ of guests meet some new people at the dinners they attend.
$\checkmark$ Three out of ten guests report getting together with someone they met at a OneTable dinner.
$\checkmark$ Four out of ten guests report that they have a larger group of Jewish friends.

Hosts play a catalytic role in growing the OneTable community
$\checkmark 87 \%$ of hosts tell their friends about OneTable after hosting for the first time.
$\checkmark$ Repeat hosting, strategically encouraged by OneTable staff, also appears to yield fruit. Over half of repeat hosts are:
© Motivated to meet new people;
© Significantly more confident to host people they didn't know before; and
© Inviting people they didn't know before into their home.
$\checkmark$ Connector hosts are those who indicate that they enjoy hosting primarily so that they can "help people meet and connect with each other." They comprise $25 \%$ of the host population. These hosts are more likely to get together with someone they met at their dinner.

## Findings by Logic Model Outcomes

On the following pages, we share our findings as they align with the OneTable Logic Model's shortterm outcomes, an overview of the demographics of the guest and host community, and a few notable findings that differentiate New York participants from those who participate in the rest of the country. The OneTable Logic Model can be found in Appendix A.

Before sharing the findings, we offer a few clarifying notes:
There is an inherent tension between OneTable's desire to set a low and comfortable entry bar for young adults in their 20's (seekers) and 30's (nesters) to participate in a Shabbat dinner, and the organizational need for specific and potentially intrusive data that seeks to ascertain exactly how these dinners are making a difference in the lives of participants. As such, the outcomes survey erred on the side of framing questions that were less pointed but still yield important data.

Several questions in the survey ask participants to indicate how their attitudes or behaviors have shifted because of their attendance at a OneTable dinner; these instances are specifically noted. In many cases Rosov Consulting's analysis revealed correlations between certain behaviors - that is there is a parallel increase or decrease in two separate variables (e.g. repeat attendance at OneTable dinners and meeting new people). Correlations are important because they point to patterns which merit further investigation. However, it is premature to claim that correlated behaviors imply causation. These instances are noted where applicable.

Finally, some of the respondents to the survey may be very recent first time guests. We would not expect to see much in the way of attitudinal or behavioral outcomes for this population. One can expect percentages to increase over time. For this same reason, the survey focused primarily on short-term outcomes. Additionally, most respondents are from the New York area or Chicago; OneTable launched in Colorado and California late in 2016. It will be important to understand how a more geographically diverse population responds to this survey when it is next fielded.
"It could have just been any other relaxing dinner with friends except that it clearly felt like a chance to make our own new Jewish traditions (very different than what each of our families grew up with, but still uniquely Jewish)."

- One-time guest of Going Out dinner; single in early 20 's; no Shabbat practice growing up; infrequent Shabbat practice currently


## OUTCOME

Become familiar with the elemental components of a Shabbat dinner

FINDING
By design, because OneTable has at its core a philosophy that there are numerous ways to make a Friday evening meal "Jewish," the survey did not ask guests to rate their familiarity with various components of a Shabbat dinner. Rather guests were asked to describe, in an open-ended question, what made the OneTable dinner(s) they attended "feel Jewish."

More than $60 \%$ of guests cited the presence of Jewish tradition, ritual, and practice: prayers and blessings, the presence of challah and wine, candles, Jewish food, and Shabbat songs. $40 \%$ mentioned the presence of other Jews as the factor that made the dinner feel Jewish.

## OUTCOME

See Shabbat dinner attendance as a worthwhile end-of-week activity

## FINDING

$58 \%$ of guests report that because of their experience with OneTable it is important to them to make Friday night feel different than the rest of the week, and $57 \%$ of guests are interested in making Shabbat dinner a regular part of their lives.

## OUTCOME

Enjoy themselves

FINDING
Guests experience OneTable dinners as "friendly" (43\%) and "fun" (40\%).

This is especially true of Staying In dinners: $45 \%$ of Staying In guests call their dinner "friendly," compared to $29 \%$ of Going Out guests. $42 \%$ of Staying In guests call their dinner "fun," compared to $33 \%$ of Going Out guests.

## GUESTS

OUTCOME
Increase attendance at Shabbat dinners

FINDING
55\% of first-time guests, and 63\% of repeat guests report attending a Shabbat dinner outside of the OneTable network following their first OneTable dinner. We can't at this juncture assess if this represents an "increase" in attendance, nor can we claim causation as a result of OneTable attendance. This will be explored when the survey is next deployed.

We do know from the OneTable database that there has been an increase in repeat guests. For OneTable guests who had their first dinners between April and June 2015, $45 \%$ repeated within a year.

## OUTCOME

Bring along friends as new guests

FINDING
The intention behind this outcome is to grow the Shabbat dinner community. Taken together, the following two findings bode well for achieving this outcome:
» $57 \%$ of guests report that after their first OneTable dinner they told friends or relatives about OneTable.
" 65\% of guests cite "relaxing with friends" as one of their top three motivations for attending a OneTable dinner.

## GUESTS

OUTCOME
Consider being hosts

OUTCOME
Feel comfortable at a Shabbat dinner

FINDING
$23 \%$ of guests report that following their first OneTable dinner they hosted a Shabbat dinner that was not a OneTable dinner. In OneTable's satisfaction survey, $68 \%$ of responding guests report that they would be interested in hosting.

One in four (26\%) of all applied hosts started out as a guest at a OneTable dinner. This is true without regard to their style of Jewish engagement. This number increases to $44 \%$ of active hosts who have hosted at least one dinner. The OneTable database documents the following city by city conversion rates: Colorado has the highest guest to host rate at $56 \%$; this will probably decrease over time. Chicago is at $45 \%$, and the Bay Area is at $41 \%$.

FINDING
$46 \%$ of guests say that because of their OneTable experience they are more comfortable at a Shabbat dinner. $43 \%$ of Participants were neutral as to OneTable's role in their comfort at a Shabbat dinner. The $43 \%$ may or may not be comfortable at a Shabbat dinner, but in either case they are not attributing their level of comfort to their OneTable experience.

## HOSTS

OUTCOME
Gain confidence in their Shabbat hosting skills (e.g. host peers, cook food, manage an event and welcome friends)

## OUTCOME

Develop comfort with incorporating and personalizing Jewish elements of the dinner

FINDING
Between their first and most recent dinner, repeat hosts report a significant increase in their confidence to host friends in their home, and, importantly, to host guests they did not know before - the aspect of hosting about which hosts are least confident.

At their first dinner, 31\% of hosts report being "very confident" hosting people they didn't know before. That number increases to $52 \%$ for repeat hosts.

FINDING
$81 \%$ of hosts report that they incorporate something "Jewish" into their dinner. Most hosts report a high level of confidence in doing so on their first dinner (87\%) confidence does go up with repeat hosting.
Hosts who attend Nosh:pitality events are slightly more likely to feel comfortable incorporating Jewish elements. However, this is a correlation and we cannot claim that participation in Nosh:pitality leads to this outcome.

OUTCOME
Welcome friends-offriends into their home

FINDING
$43 \%$ of all hosts report that they are motivated to meet new people.
$53 \%$ of hosts report actually hosting new people at their dinners.
$60 \%$ of repeat hosts report that there were "at least some" guests at their table whom they did not know before.

## What Do We Know About OneTable Guests and Hosts?

As far as their demographic makeup is concerned, OneTable's hosts and guests are quite similar. Since the key strategy is peer-to-peer connections, this is a positive development. Most are in their late 20s and early 30s, and are slightly more likely to be women. Over half of both hosts and guests are new to their city (have been there under 5 years).

Like OneTable hosts, nine in ten OneTable guests identify as Jewish. About half have been on Birthright, and just over half have a network of Jewish friends (all or most of their close friends are Jewish). The one distinguishing factor is that hosts are somewhat more likely to be coupled, and guests are somewhat more likely to be single.

Guests ( $\mathrm{n}=794$ )


Under 25
Under 25
$19 \% ~ 15 \%$

25-29
Age
50\% 56\%
30+
31\% 28\%
In a relationship

Relationship Status

## 47\% <br> 61\%

## Single

Time in Current City

## 54\% 61\%

## >5 Years

46\% 39\%
$\begin{array}{cc}\text { Did you participate in } \\ \text { Birthright? } & \text { Yes } \\ 44 \% ~ 45 \%\end{array}$

How many of your closest
friends are Jewish?

## Most

However, when it comes to their Jewish behavior, there are a few measures by which hosts are more Jewishly active than guests. For example, hosts are slightly more likely to celebrate Jewish holidays (but not more likely to attend religious services, only a third of both hosts and guests do so often). Hosts are more likely than guests to attend Jewish cultural performances or discuss Jewish topics with others. They are also more likely than guests to "take a leadership role in Jewish life" (a third of all guests and half of all hosts report taking such leadership roles).

## Guests ( $\mathrm{n}=794$ )

Hosts ( $\mathrm{n}=264$ )

## Celebrate Jewish holidays



Discuss Jewish topics with other people


Read about Jewish topics in magazines/newspapers/blogs/books

## 50\% $57 \%$

Spend time learning about Jewish life and culture
How frequently do you do any of the following?

> \% selecting
"Often/Very Often"

##  <br> 44\% 44\%

Take a leadership role in Jewish life


## Attend Jewish religious services

Wear clothes or jewelry that might identify you as Jewish
31\% 33\%
Watch TV or movies with Jewish content
27\% 31\%
Attend Jewish cultural performances such as concerts, theatre, or lectures 21\% 24\%

Volunteer through a Jewish social justice organization


Post or comment online on Jewish topics
25\%

## What Can Be Said about OneTable Outside of New York?

OneTable started in New York, and most of OneTable's users live in New York. But as the organization expands to other cities, it is important to ask whether and how OneTable participants outside of New York differ from their New York counterparts. In many ways they are similar. However, they are:
, Less likely to be single and more likely to have lived in their city for under five years;
$\checkmark$ Less Jewishly engaged. This is as true of formal Jewish behaviors, such as attending religious services and celebrating Jewish holidays, as informal Jewish behaviors such as attending Jewish cultural performances, reading about Jewish topics, commenting on Jewish topics online, or eating Jewish food; and
v Less likely to have gone on Birthright.

On several key dimensions, OneTable participants outside of New York are somewhat more impacted. As national participation grows, it will be important to see if this trend continues.

New York (n=628)
Outside New York (n=382)
It is important to me to make Friday night feel different than the rest of the week $\rangle \quad 61 \% 58 \%$

I have new friends with whom I do Jewish things

To what extent do you agree with the following statements?

Because of my experience(s) with OneTable...
\% selecting "Agree/Strongly Agree"

40\% 45\%
I am interested in making Shabbat dinner a regular part of my life 57\% 59\%

I am interested in learning more about Judaism and Jewish culture/heritage
53\% 47\%
I feel more comfortable at Shabbat dinner(s) ) $46 \% 48 \%$

I try to find ways to pause and relax at the end of my week
65\% 62\%

LONG-TERM
OUTCOMES


##  <br> GUESTS ... Become familiar with the elemental components of a Shabbat <br> See Shabbat dinner attendance as a worthwhile end-of-week activity

 activityEnjoy thems Enjoy themselves
Increase attendance Increase attendance at Shabbat
dinners
Bring along friends as new guests Bring along friends as new guests
Consider being hosts

Feel comfortable at a Shabbat
dinner n
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Gain confidence in their Shabbat


 and personalizing Jewish
elements of the dinner Welcome friends-of-friends into
their home

## ASSUMPTIONS

Shabbat dinner can satisfy the need for time-out
from everyday life and serve as a vehicle for
combatting loneliness. combatting loneliness.

Access to a growing community of hosts and
guests (locally and nationally), will reinforce a
commitment to participate in Shabbat dinners. Working with a plurality of niche communities will be the best way to tap into Jewish millennials.

## EXTERNAL FACTORS

Modern technology, including social dining
platforms, has made it easier to find out about,
register for or organize friends for a Shabbat register for or organize friends for a Shabbat
dinner.

Many aspects of the the Shabbat dinner experience
can trigger anxiety: Inviting people, preparing can trigger anxiety: Inviting people, preparing
food, finding time, cost, facilitating Jewish ritual feeling welcome. Jewish millennials have fluid identities, use social socialization vehicle, identify as part of mainstream culture and are most comfortable in inclusive environments. Jewish millennials are also

Shabbat dinner is an experience common to all Birthright Israel participants but does not necessarily translate
into an ongoing Shabbat dinner practice.

## Appendix B: OneTable Outcomes Survey (T1) - Relevant Frequencies

|  | N | \% |
| :---: | :---: | :---: |
| Guests Only |  |  |
| Thinking about your most recent OneTable dinner, which words come to mind? Please select up to three, or add your own. |  |  |
| Friendly | 444 | 40.5 |
| Fun | 440 | 40.1 |
| Communal | 358 | 32.4 |
| Jewish | 295 | 28.2 |
| Delicious | 254 | 22.3 |
| Comfortable | 233 | 20.8 |
| A new way to celebrate/enjoy Shabbat | 190 | 18.4 |
| Relaxing | 146 | 13.8 |
| Cultural | 128 | 12.0 |
| Intimate | 123 | 10.8 |
| Awkward | 52 | 5.7 |
| Traditional | 63 | 5.6 |
| Spiritual | 50 | 4.8 |
| Does Not Recall Attending OneTable Dinner** | 12 | 1.3 |
| Embarrassing | 6 | 0.5 |
| Overwhelming** | 3 | 0.3 |
| Energizing | 3 | 0.1 |
| Other | 14 | 1.4 |
| Host Only |  |  |
| How did you describe the OneTable dinner(s) you hosted to your guests before the dinner? |  |  |
| Celebrate Shabbat | 140 | 63.1 |
| Enjoy Friday night dinner | 117 | 52.7 |
| Delicious food | 98 | 44.1 |
| Relax with friends | 90 | 40.5 |
| Celebrate Jewish tradition | 49 | 22.1 |
| Meet new people | 40 | 18.0 |
| Slow down at the end of the week | 35 | 15.8 |
| Eat Jewish food | 20 | 9.0 |
| Feel nostalgic** | 4 | 1.8 |
| Other | 9 | 4.1 |
| What did you enjoy most about hosting a OneTable dinner? |  |  |
| Hosting other people in my home | 86 | 39.3 |
| Helping people meet and connect with each other | 55 | 25.1 |
| Cooking for people | 43 | 19.6 |
| Teaching people something about Judaism | 14 | 6.4 |
| Organizing an event so that the details are just right | 13 | 5.9 |
| Something else | 8 | 3.7 |

Which of these did you ever do when hosting a OneTable dinner? (Choose all that apply.) Host friends in my home ..... 186 ..... 85.7
Incorporate some Jewish elements into the dinner ..... 175
Set the table/room up in a special way ..... 143
Host people I didn't know before ..... 117
Cook for the first time, or tried a new recipe ..... 108 ..... 49.8
Order food for my guests ..... 66 ..... 30.4
80.6
65.9
Use an ice-breaker to get the conversation flowing ..... 56 ..... 25.853.9
Organize a potluck ..... 40 ..... 18.4
The first time that you hosted a OneTable dinner, how confident did you feel to... Host friends in my home
Not Confident at all ..... 3
A little confident ..... 4
Somewhat confident ..... 12
Confident ..... 48
Very confident ..... 118
Host people I didn't know before
Not Confident at all ..... 1
A little confident ..... 14
Somewhat confident ..... 22
Confident ..... 42 ..... 36.5
Very confident ..... 36 ..... 31.3
Cook for the first time, or tried a new recipe
Not Confident at all ..... 2 ..... 1.9
A little confident ..... 6 ..... 5.7
Somewhat confident ..... 20 ..... 18.9
Confident ..... 34
Very confident ..... 44 ..... 41.5
Order food for my guests
Not Confident at all ..... 1 ..... 1.6
A little confident ..... 1
Somewhat confident ..... 11 ..... 17.7
Confident ..... 2032.1
Very confident ..... 29 ..... 46.8
Organize a potluckNot Confident at all0
1.6
32.3A little confident10.0Somewhat confident2.6
10.5
Confident ..... 34.2
Very confident ..... 20N\%
Incorporate some Jewish elements into the dinner Not Confident at all ..... 0.6
A little confident ..... 2.3
Somewhat confident ..... 10.3
Confident ..... 34.5
Very confident ..... 52.3
Use an ice-breaker to get the conversation flowing
Not Confident at all ..... 0.0
A little confident ..... 7.4
Somewhat confident ..... 18.5
Confident ..... 42.6
Very confident ..... 31.5
Set the table/room up in a special way
Not Confident at all ..... 1
A little confident ..... 3
Somewhat confident ..... 10
Confident ..... 55
Very confident ..... 71
The last time you hosted a OneTable dinner, how confident did you feel to... Host friends in my home
Not Confident at all ..... 0.0
A little confident ..... 1.0
Somewhat confident ..... 3.1
Confident ..... 30 ..... 30.6
Very confident ..... 64 ..... 65.3
Host people I didn't know before
Not Confident at all 0 ..... 0.0
A little confident ..... 4.8
Somewhat confident ..... 6.3
Confident ..... 36.5
Very confident ..... 33 ..... 52.4
Cook for the first time, or tried a new recipe
Not Confident at all ..... 1.7
A little confident ..... 1.7
Somewhat confident ..... 5.2
Confident ..... 25 ..... 43.1
Very confident ..... 28 ..... 48.3

|  | N | \% |
| :---: | :---: | :---: |
| Order food for my guests |  |  |
| Not Confident at all | 0 | 0.0 |
| A little confident | 0 | 0.0 |
| Somewhat confident | 4 | 12.1 |
| Confident | 9 | 27.3 |
| Very confident | 20 | 60.6 |
| Organize a potluck |  |  |
| Not Confident at all | 0 | 0.0 |
| A little confident | 0 | 0.0 |
| Somewhat confident | 1 | 5.0 |
| Confident | 4 | 20.0 |
| Very confident | 15 | 75.0 |
| Incorporate some Jewish elements into the dinner |  |  |
| Not Confident at all | 0 | 0.0 |
| A little confident | 1 | 1.2 |
| Somewhat confident | 3 | 3.5 |
| Confident | 33 | 38.4 |
| Very confident | 49 | 57.0 |
| Use an ice-breaker to get the conversation flowing |  |  |
| Not Confident at all | 0 | 0.0 |
| A little confident | 1 | 3.8 |
| Somewhat confident | 2 | 7.7 |
| Confident | 9 | 34.6 |
| Very confident | 14 | 53.8 |
| Set the table/room up in a special way |  |  |
| Not Confident at all | 0 | 0.0 |
| A little confident | 1 | 1.4 |
| Somewhat confident | 3 | 4.2 |
| Confident | 26 | 36.6 |
| Very confident | 41 | 57.7 |
| Did you ever participate in a weeknight social event/workshop hosted by OneTable, such as a mixology workshop (also known as "Nosh:pitality"), talk with a OneTable staff person about your dinner, or meet with a OneTable Shabbat Coach? Please select all that apply. |  |  |
| No, none of these [Exclusive] | 106 | 49.3 |
| Yes, talked to OneTable staff about my dinner | 78 | 36.3 |
| Yes, participated in weekday social event/ workshop (nosh:pitality) | 47 | 21.9 |
| Yes, met with a OneTable Shabbat coach | 20 | 9.3 |


| Since your first OneTable dinner, which of the following have you done? Please select all that apply. |  |  |
| :--- | ---: | ---: |
| I told friends or relatives about OneTable | 614 | 53.2 |
| I attended a Shabbat dinner (other than a OneTable dinner) | 559 | 51.2 |
| I attended another OneTable dinner | 324 | 24.5 |
| I got together with some of the new people I met at the dinner | 270 | 21.4 |
| I hosted a Shabbat dinner (other than a OneTable dinner) | 270 | 23.7 |
| I hosted a OneTable dinner | 185 | 9.1 |
| It's too soon for me to answer because I just went to my first dinner | 45 | 6.1 |
| I want/am planning to host a OneTable dinner** | 9 | 0.9 |
| Do not recall going to a OneTable Dinner** | 6 | 0.8 |
| I helped others with their OneTable involvement** | 4 | 0.1 |
| Something else | 14 | 1.5 |

Since your first OneTable dinner, which of these are true? Please select all that apply. I did something special on Friday to end the work week 403
OneTable**
$\begin{array}{lll}\text { Do not recall attending a OneTable dinner** } & 4 & 0.5\end{array}$
I've become part of building a network** 4
$\begin{array}{lll}\text { I've realized the value of including people who celebrate Shabbat } & 4 & 0.5\end{array}$
differently or not at all**
Something else 111.2

To what extent do you agree with the following statements? Because of my experience(s) with OneTable...
It is important to me to make Friday night feel different than the rest of the week
Strongly Disagree 1
$\begin{array}{lll}\text { Disagree } & 60 & 7.0\end{array}$
$\begin{array}{lll}\text { Neither Agree nor Disagree } & 313 & 31.4\end{array}$
Agree 38.6
Strongly Agree 236
$\begin{array}{ll}\text { I have new friends with whom I do Jewish things } & \\ \text { Strongly Disagree } & 50\end{array}$
Disagree $127 \quad 13.7$
$\begin{array}{lll}\text { Neither Agree nor Disagree } & 387 & 38.6\end{array}$
Agree $\quad 319 \quad 30.5$
$\begin{array}{lll}\text { Strongly Agree } & 127 & 12.1\end{array}$
I am interested in making Shabbat dinner a regular part of my life Strongly Disagree18
Disagree ..... 46
Neither Agree nor Disagree ..... 334
Agree ..... 359
Strongly Agree ..... 259 ..... 23.2
I am interested in learning more about Judaism and Jewish culture/heritage
Strongly Disagree ..... 21 ..... 2.0
Disagree ..... 50
Neither Agree nor Disagree ..... 423
Agree ..... 342
Strongly Agree ..... 172
I feel more comfortable at Shabbat dinner(s)
Strongly Disagree ..... 21
Disagree ..... 70
Neither Agree nor Disagree ..... 441
Agree ..... 323
Strongly Agree ..... 155 ..... 14.0
I try to find ways to pause and relax at the end of my week Strongly Disagree ..... 22 ..... 2.3
Disagree ..... 46 ..... 5.4
Neither Agree nor Disagree ..... 292 ..... 28.4
Agree ..... 418
Strongly Agree ..... 233
How do you identify?*
Jewish ..... 938
89.2
Something else ..... 59
Jewish and something else ..... 38
It's complicated ..... 13How frequently do you do any of the following?
Discuss Jewish topics with other people
Never ..... 15 ..... 2.1
Rarely ..... 763681.55.9
34.235.25.242.034.516.22.27.543.5
32.941.422.55.63.81.4
240
Sometimes9.8
Often ..... 35.6
294
Very Often ..... 26.6

|  | N | \% |
| :---: | :---: | :---: |
| Celebrate Jewish holidays |  |  |
| Never | 14 | 1.9 |
| Rarely | 43 | 5.8 |
| Sometimes | 159 | 18.2 |
| Often | 368 | 36.2 |
| Very Often | 411 | 37.9 |
| Post or comment online to Jewish themed posts |  |  |
| Never | 263 | 29.0 |
| Rarely | 288 | 29.7 |
| Sometimes | 251 | 23.8 |
| Often | 124 | 12.0 |
| Very Often | 63 | 5.6 |
| Take a leadership role in Jewish life |  |  |
| Never | 142 | 18.1 |
| Rarely | 198 | 21.9 |
| Sometimes | 258 | 24.9 |
| Often | 188 | 16.6 |
| Very Often | 207 | 18.6 |
| Spend time learning about Jewish life and culture |  |  |
| Never | 31 | 3.9 |
| Rarely | 139 | 15.1 |
| Sometimes | 367 | 37.1 |
| Often | 283 | 28.6 |
| Very Often | 174 | 15.3 |
| Read about Jewish topics in magazines/newspapers/online blogs/books |  |  |
| Never | 46 | 5.9 |
| Rarely | 105 | 11.9 |
| Sometimes | 302 | 31.3 |
| Often | 305 | 29.0 |
| Very Often | 234 | 21.9 |
| Watch TV or movies with Jewish content |  |  |
| Never | 49 | 6.2 |
| Rarely | 203 | 22.2 |
| Sometimes | 447 | 43.9 |
| Often | 217 | 21.4 |
| Very Often | 75 | 6.4 |
| Wear clothes or jewelry (such as a Jewish star) that might identify you as Jewish |  |  |
| Never | 220 | 24.9 |
| Rarely | 201 | 20.4 |
| Sometimes | 249 | 23.2 |
| Often | 128 | 11.5 |
| Very Often | 196 | 20.0 |


|  | N | \% |
| :---: | :---: | :---: |
| Attend Jewish cultural performances such as concerts, theatre, or lectures |  |  |
| Never | 66 | 7.8 |
| Rarely | 271 | 30.0 |
| Sometimes | 428 | 40.6 |
| Often | 150 | 14.4 |
| Very Often | 79 | 7.2 |
| Attend Jewish religious services |  |  |
| Never | 62 | 7.7 |
| Rarely | 249 | 26.7 |
| Sometimes | 352 | 33.6 |
| Often | 169 | 17.2 |
| Very Often | 156 | 14.9 |
| Eat Jewish food |  |  |
| Never | 6 | 0.7 |
| Rarely | 39 | 5.1 |
| Sometimes | 292 | 30.5 |
| Often | 389 | 38.3 |
| Very Often | 266 | 25.5 |
| Volunteer through a Jewish social justice organization |  |  |
| Never | 171 | 20.0 |
| Rarely | 275 | 27.9 |
| Sometimes | 316 | 31.2 |
| Often | 146 | 13.4 |
| Very Often | 85 | 7.6 |
| Something else |  |  |
| Never | 26 | 40.6 |
| Rarely | 5 | 7.4 |
| Sometimes | 19 | 25.1 |
| Often | 8 | 6.8 |
| Very Often | 19 | 20.2 |
| How many of your closest friends are Jewish? |  |  |
| All | 84 | 8.0 |
| Most | 510 | 47.6 |
| Half | 260 | 27.4 |
| A few | 135 | 15.7 |
| None | 11 | 1.3 |
| Did you participate in Birthright Israel?* |  |  |
| No | 578 | 55.7 |
| Yes | 443 | 44.3 |


|  | N | \% |
| :---: | :---: | :---: |
| Age (based on reported date of birth)* |  |  |
| Under 21 | 8 | 0.9 |
| 21 to 24 | 163 | 17.9 |
| 25 to 29 | 525 | 47.7 |
| 30 to 34 | 220 | 21.3 |
| 35 to 39 | 73 | 8.1 |
| 40 and older | 33 | 4.1 |
| With what gender do you identify? (asked as an open-ended question)* |  |  |
| Female | 721 | 58.5 |
| Male | 337 | 41.3 |
| Other | 6 | 0.2 |
| Relationship Status* |  |  |
| Single | 517 | 50.3 |
| In a relationship | 248 | 24.2 |
| Engaged or married (including in a civil union or domestic partnership) | 188 | 17.9 |
| Living with partner | 51 | 5.9 |
| Separated or divorced | 13 | 1.1 |
| Other | 8 | 0.5 |
| Where were you born? |  |  |
| United States | 898 | 89.8 |
| Israel | 29 | 3.0 |
| Western Europe** | 16 | 1.8 |
| Russia, or the Former Soviet Union | 21 | 1.6 |
| Canada** | 8 | 1.1 |
| Latin America** | 7 | 1.0 |
| Other | 16 | 1.8 |
| How long have you been living in your current city? |  |  |
| One to five years | 417 | 41.6 |
| More than five years | 284 | 28.2 |
| I have lived here all my life | 152 | 16.0 |
| Under a year | 133 | 13.3 |
| Grew up here, left, and then moved back | 12 | 0.9 |

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[^0]:    * These questions were only asked of respondents where the data were not already available in the OneTable database. The numbers reported here are for all of the respondents, including data derived from the OneTable database.
    ** These items are based on coding of open ended, "Other" responses.

